



# MASSAGE THERAPY

*Patricia ("Pat") Leal, LMT*

## **SPECIALIZING IN:**

- **PRE-NATAL (NO DEEP TISSUE FOR A PRE-NATAL MASSAGE)**
  - 60 MIN – \$60.00
- **SWEDISH**
  - 60 MIN – \$60.00
- **DEEP TISSUE**
  - \$70.00
- **HOT/COLD STONE THERAPY**
  - Additional \$10.00

## **WHO SHOULD GET A MASSAGE?**

- ❖ CURRENT PATIENTS OF SAN DIMAS MEDICAL GROUP, INC.
- ❖ OUT OF OFFICE PATIENTS
- ❖ MALE & FEMALE CLIENTS

## **BENEFITS OF MASSAGE**

- ✓ IMPROVES CIRCULATION
- ✓ DECREASES BLOOD PRESSURE
- ✓ IMPROVES YOUR SLEEP & MOOD
- ✓ REDUCES STRESS & ANXIETY
- ✓ INCREASES FLEXIBILITY
- ✓ TONES WEAK MUSCLES
- ✓ AND MORE.....



**WILL BILL INSURANCE COMPANIES IF SERVICES REDERED ARE A COVERED  
BENEFIT AND A REFERRAL FROM ONE OF OUR PHYSICIANS/NURSE PRACTITIONERS  
HAS BEEN RECEIVED.**

**SAN DIMAS MEDICAL GROUP, INC  
A COMPREHENSIVE WOMEN'S HEALTH CENTER  
(661) 663-4800**